

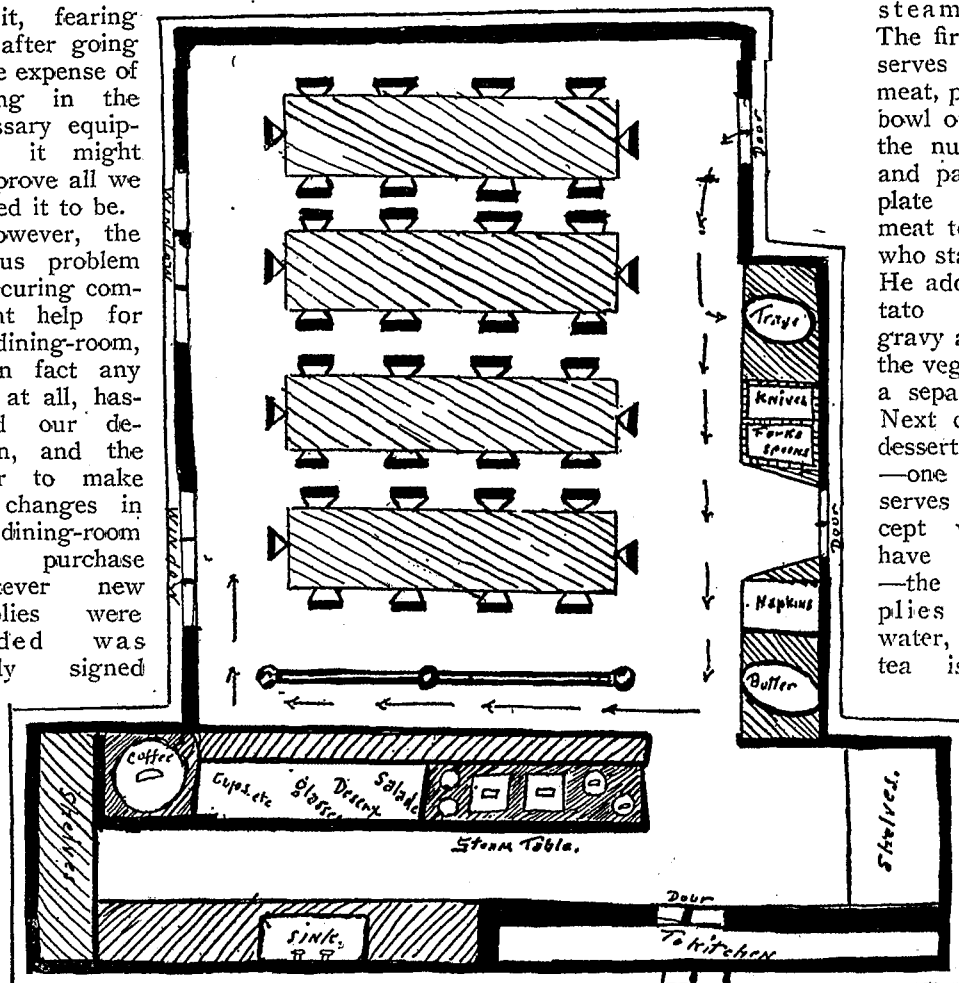
THE CALIFORNIA HOSPITAL CAFETERIA.

ANNA A. WILLIAMSON, R.N.,
Superintendent of Nurses.

"Be not the first by whom the new is tried
Nor yet the last to lay the old aside."

We had read in many magazines of the cafeteria plan for the nurses' dining-room, but we hesitated to try it, fearing that after going to the expense of putting in the necessary equipment it might not prove all we wished it to be.

However, the serious problem of securing competent help for the dining-room, or in fact any help at all, hastened our decision, and the order to make the changes in the dining-room and purchase whatever new supplies were needed was finally signed



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At last all was ready and we made the beginning at the noon meal. The accompanying diagram will show the reader just how the serving is done. The line forms outside in the hall, and when the doors are opened promptly at 11.30 they enter, keeping to the right. The trays come first, next the silver in boxes, then paper napkins folded so that they can be handled easily, next the butter on small patties,

then comes the steam table. The first woman serves soup and meat, putting the bowl of soup on the nurse's tray and passing the plate with the meat to the man who stands next. He adds the potato and the gravy and serves the vegetables in a separate dish. Next comes the dessert and tea—one woman serves both, except when we have ice-cream—the urn supplies boiling water, and the tea is served

and the work begun.

Before starting the work I talked the matter over with both pupil and graduate nurses, explaining the advantages of the new system, and getting their viewpoint and securing their co-operation.

It took about two weeks to make the changes in the dining-room and paint it, and during that time we took our meals in the class-room, which joins the dining-room, the overflow occupying the hall.

fresh to each one in individual pots. Coffee is served from the urn in the morning. When ice-cream is to be served the baker from the kitchen is impressed into the service for the first rush; after that it is easily managed by one of the women.

Bread, water and milk are placed upon the tables, a glass at each plate, and salt and pepper at convenient distances along the tables.

The nurse, on being served, goes to her place, removes the food from the tray, and

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